

Mental Health
Advocacy Service

What is Advocacy?

Advocacy in all its forms seeks to ensure that people, particularly those who are the most vulnerable in society, are able to:



- Have their voice heard on issues that are important to them.
- Have their views and wishes genuinely considered when decisions are being made about their lives.
- Access information, advice and explore choices & options.
- Defend and safeguard their rights.



PROMOTING INCLUSION, EQUALITY AND SOCIAL JUSTICE



WHO WE ARE

- LAMP is an independent charity.
- We are not a part of other services.
- We have provided free mental health advocacy for people living in Leicester, Leicestershire and Rutland for over 25 years.



WHO IS THIS SERVICE FOR?

You can use our free advocacy service if you:

- Have a mental health need.
- Want to access care and support for your mental well-being.
- Wish to question a decision about your care and support.



To use our service please contact us:

0116 2556286

**LAMP - 65 Regent Road,
Leicester, LE1 6YF**



Mental Health
Advocacy

Working for you
in Leicester,
Leicestershire and
Rutland.