

# **MENTAL HEALTH CHARTER**

**In Leicester, Leicestershire and Rutland**

**Every person has the right to  
Mental Health services that:**

- 1. Work together with respect, dignity and compassion**
- 2. Make a positive difference to each person's recovery and quality of life.**
- 3. Are guided by the individual's views about what they need and what helps them.**
- 4. Treat everyone as a capable citizen who can make choices and take control of their own life.**
- 5. Give people the appropriate information they need to make their own decisions and choices about their recovery**
- 6. Recognise that mental health services are only part of a person's recovery.**
- 7. Communicate with each person in the way that is right for them.**
- 8. Understand that each person has a unique culture, life experiences and values.**
- 9. Recognise, respect and support the role of carers.**
- 10. Support their workers to do their jobs well.**
- 11. Challenge stigma, fear and discrimination both within mental health services and in the wider society.**
- 12. Put mental health on a par with physical health**
- 13. Are culturally competent and can meet the diverse needs of local people.**

Leicester, Leicestershire and Rutland - Mental Health Charter 2014  
Signatories

Signed for and on behalf of:	Signature	organisation Logo
Leicester City Council Adult Social Care Services		 Leicester City Council
Leicestershire County Council Adult Social Care Services		 Leicestershire County Council
Rutland County Council Adult Social Care Services		 Rutland County Council
Leicestershire Partnership NHS Trust		Leicestershire Partnership  NHS Trust
Leicester City CCG		 Leicester City Clinical Commissioning Group
West Leicestershire CCG		 West Leicestershire Clinical Commissioning Group  Patients, Practices, Partners

<p>East Leicestershire CCG</p>		 <b>East Leicestershire and Rutland Clinical Commissioning Group</b>
<p>Voluntary Sector Forum</p>		 <b>FORUM FOR MENTAL HEALTH</b>
<p>University Hospitals Leicester</p>	 <p>CEO</p>	<p>University Hospitals of Leicester   <small>NHS Trust</small></p> <p><i>Caring at its best</i></p>
<p>Leicestershire Police</p>	 <p>Darren Goddard Hate Crime Officer</p>	 <p>Leicestershire Police <small>Protecting our communities</small></p>
<p>East Midlands Ambulance Service</p>	<p>Susan R Noyes Sue Noyes, Chief Executive</p>  <p>Judith Douglas, Director of Nursing &amp; Quality</p>	 <p>East Midlands Ambulance Service   <small>NHS Trust</small></p>