

# CAREERS GROUPS

Are you a carer of someone with Mental Health needs in Coalville or the surrounding areas? Lamp is launching a free to attend monthly event, that caters to those who are carers of individuals with mental health needs, looking for support.

**Sessions will be held each month and will provide a space where carers can:**

- Meet, socialise, and share experiences with other carers within their local community.
- Find out about other services and groups they can access for support
- Access information, advice and advocacy from our qualified advocacy team.

For more  
information,  
contact Lamp  
on  
0116 255 6286



Founded in 1989, Lamp are a respected local organisation providing quality accredited advocacy support to beneficiaries across Leicester, Leicestershire and Rutland.

Sessions have been made possible with the support of funding from Leicestershire County Council and the assistance of partners at North West Leicestershire.

Let's talk about mental health  
**Lamp**

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