

# Do You Need To Speak To A Peer Advocate?

Come and speak to us during our drop in session if you think we could help you get your voice heard.

Peer Advocate volunteers will be available every Tuesday from 1pm - 3pm in the Involvement Centre, Bradgate Unit. And on the wards. If you are unable to get to the drop in sessions that we hold, and would like to receive support from a peer advocate, please give us a call.

## Things we can help you with:

- *Speaking* on your behalf
- *Understanding* Your rights
- *Information* on your legal rights and sign-posting to legal professionals
- *Providing* information

If you need to contact somebody from Lamp, please call **0116 255 6286**, to arrange an appointment between the drop in sessions, and we will be happy to help!



Registered Charity No: 702057