

# CAREERS GROUPS

Are you a carer of someone with Mental Health needs in Blaby or the surrounding areas? Lamp is holding a free to attend monthly event, that caters to those who are carers of individuals with mental health needs, looking for support; the first of which will take place on:

- **Date:** Wednesday 26th June, 10:15am - 12:15pm
- **Location:** Council Chamber Civic centre, Enderby Leicester, LE19 4NT

**Sessions will be held each month and will provide a space where carers can:**

- Meet, socialise, and share experiences with other carers within their local community.
- Find out about other services and groups they can access for support
- Access information, advice and advocacy from our qualified advocacy team.

For more  
information,  
contact Rowena  
on  
0116 255 6286

Founded in 1989, Lamp are a respected local organisation providing quality accredited advocacy support to beneficiaries across Leicester, Leicestershire and Rutland.

Sessions have been made possible with the support of funding from Leicestershire County Council and the assistance of partners at Blaby.

Let's talk about mental health  
**Lamp**

Registered Charity Number: 702057

