

ARE YOU LOOKING AFTER SOMEONE WITH MENTAL HEALTH NEEDS?

Come along to our group,
where we can provide help and support for you.

- Meet, socialise, and share experiences with other carers
- Find out about other services and groups that are available
- Access information, advice and advocacy

**Second Thursday of the month
9th January 2020, 13th February,
12th March 10.30am-12.30pm**

**Location: St Francis Community
Centre,
Tudor Road, Hinckley, LE10 0EQ**

For more
information,
contact Rowena
on
0116 255 6286

Founded in 1989, Lamp are a respected local organisation providing quality accredited advocacy support to beneficiaries across Leicester, Leicestershire and Rutland.

Sessions have been made possible with the support of funding from Leicestershire County Council and the assistance of partners at Hinckley and Bosworth.

Let's talk about mental health
Lamp

Registered Charity Number: 702057

