

ARE YOU LOOKING AFTER SOMEONE WITH MENTAL HEALTH NEEDS?

Come along to our group,
where we can provide help and support for you.

- Meet, socialise, and share experiences with other carers
- Find out about other services and groups that are available
- Access information, advice and advocacy

Date: Last Tuesday of the month.

**28th January 2020, 25th February,
31st March 10:30am-12:30pm**

**Location: Coalville Children and Family
Wellbeing Centre, 3 High Street
Coalville, LE67 3EA
(Next to the library)**

For more
information,
contact Rowena
on
0116 255 6286

Founded in 1989, Lamp are a respected local organisation providing quality accredited advocacy support to beneficiaries across Leicester, Leicestershire and Rutland.

Sessions have been made possible with the support of funding from Leicestershire County Council and the assistance of partners at Hinckley and Bosworth.



Let's talk about mental health
Lamp

Registered Charity Number: 702057