

Dealing with Grief at Work

Adjust
Expectations

There does need to
be a process to follow
and review polices and procedures

Plan to Check-in About
How They're Coping

Give the employee
time to grieve



Help for Those Struggling
With Grief i.e. EAP,
mental health app, external providers

Make time for Yourself and
Your Grief at Work

How to Support Grieving
Employees

Offer Support and
Respect Privacy

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